





# **Don't Eat Hairy Apples**

## Poems from the Platter

Poems created through Space to Create and  
Bursledon House, Southampton Hospitals  
Charity Summer School alongside  
Antosh Wojcik.



A decorative border with a scalloped blue outline. It features embroidered-style floral illustrations in the corners: top-left (pink and blue flowers), top-right (yellow and orange flowers), bottom-left (pink, blue, and orange flowers), and bottom-right (pink and blue flowers).

## **Recipe for Joy**

A sprinkle of sugary smiles,  
the giggles of silly boys,  
mix in some laughs  
and pour in the water  
of truth! Season with spare  
time, serve with love  
and joyful, bubbling noodles.



## Wafers

By Zebby

Webbs like caramel wafers,  
like me, Zebby.

Absolutely! Tom Gates eats  
a wafer

For his luck

Everyday.

Rooster crunches Delia's  
Sunglasses.



## Apple

**Written with Eponine**

Bella, the crunchy apple  
lives in the bowl  
where the baby apples roll  
and the banana ballerinas  
dance all day.



**Sushi**

**By Orin**

Soy sauce

Umbrellas

Showers

Help!

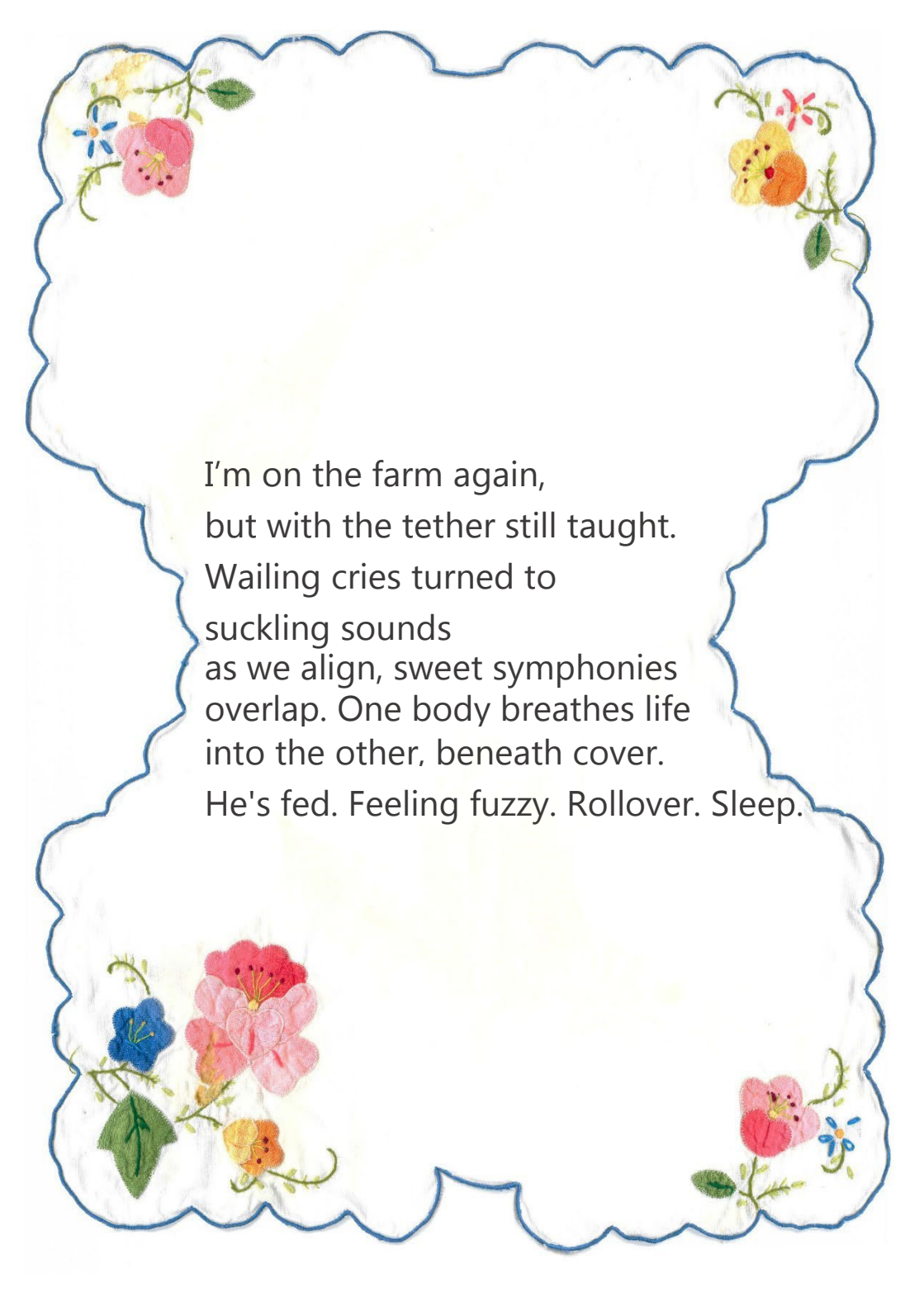
I'm sticky.

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## Feelings at four months

### A duo poem

Midnight mud pie again.  
I'm masquerading as awake,  
sleep-wiping layers of lucidity,  
peeling back to reveal  
the parts that seek to sink back.  
But the sheet's peeled back too  
and now, the bed's cold.



I'm on the farm again,  
but with the tether still taught.  
Wailing cries turned to  
suckling sounds  
as we align, sweet symphonies  
overlap. One body breathes life  
into the other, beneath cover.  
He's fed. Feeling fuzzy. Rollover. Sleep.



## **Chips**


**By Philip**

Cromer Pier and curry sauce,  
battered sausage, rain. Battered  
Hidden, from the waves, sheltered  
in vinegar-sodden tubes, rest.

I've been caught out – crablike.

Poor planning, potatoes  
perishing, and precipitation  
persists.

So... I think I'll stay here for a bit.





A decorative border with a scalloped blue outline. It features embroidered-style flowers in the corners: pink and blue flowers in the top-left, yellow and orange flowers in the top-right, a large pink flower and a blue flower in the bottom-left, and a pink flower and a blue flower in the bottom-right. The background is a light yellow gradient.

## **Zara & Denny**

The whales are in love.  
They share a school of  
fish for breakfast. They  
watch stingrays,  
underwater butterflies,  
with small eyes that can  
see everything.

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## **Recipe for Laziness**

Scrub your day of activity.

Knead the duvet until it is unmade,  
sieve reminders and deadlines  
from your mind.

Give up on the exotic  
and marinate in the vanilla.

Simmer below the orange  
segments of sunshine,  
sleeping in the long grass,  
folding in the sounds of crickets.

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## **Dragon Fruit**

Non sharp kiwi,  
bit bland,  
dark purple super juicy -  
dyes your fingers.

A decorative border with a scalloped edge, outlined in blue. It features embroidered-style floral motifs in the corners: top-left (pink, blue, yellow flowers), top-right (yellow, orange, red flowers), bottom-left (blue, pink, orange flowers), and bottom-right (pink, blue flowers).

## **Greens Acrostic #1**

Growing  
rhubarb  
expecting rhubarb  
ending up with  
new variants of  
spinach!



## **Fried Acrostic #1**

Friends  
reintroduce  
intricately  
edible  
detritus



## The Cone & The Ice Cream

I am shaped to be held  
& hold you atop my head,  
a cool torch,  
handed over counter  
& trusted to hands young & old.  
Sometimes, we are dropped.  
You are favoured by ants,  
I by seagulls.  
Though we watch each other go  
through lick, slurp, melt & crunch,  
know that it was a brief joy  
to hold you, O scooped  
& colourful friend.



## Donut

Delicious dunkin' donut.

Orangutans like donuts for food

Nut butter dough batter.

Us like donuts! Us like donuts!

Totally toasted tastiness.



## Halli's Kitchen (Samosas)

I still remember my first samosa,  
Sat in a friend's kitchen after school,  
Where her mum, Halli, stood at the stove  
Working the biggest wok  
I'd ever seen,  
How they sizzles as they hit the  
hot oil  
Filling the air with a delicious  
smell.  
"Be careful." She said, "They're  
hot. With Chillies".  
And they were - green and red and  
roughly chopped,





The heat danced over my tongue  
like nettles

As I bit into the crisp fried pastry,  
Through the still-warm filling of  
potatoes,  
Peas and fried onion,  
orange with spices.

I didn't know it then but I  
was learning  
How the best samosas are  
served like this -  
Hot, straight from the wok.  
Crisp and chili fierce,  
The gift of long-honed skill and open  
joy.

Andy White July 2024



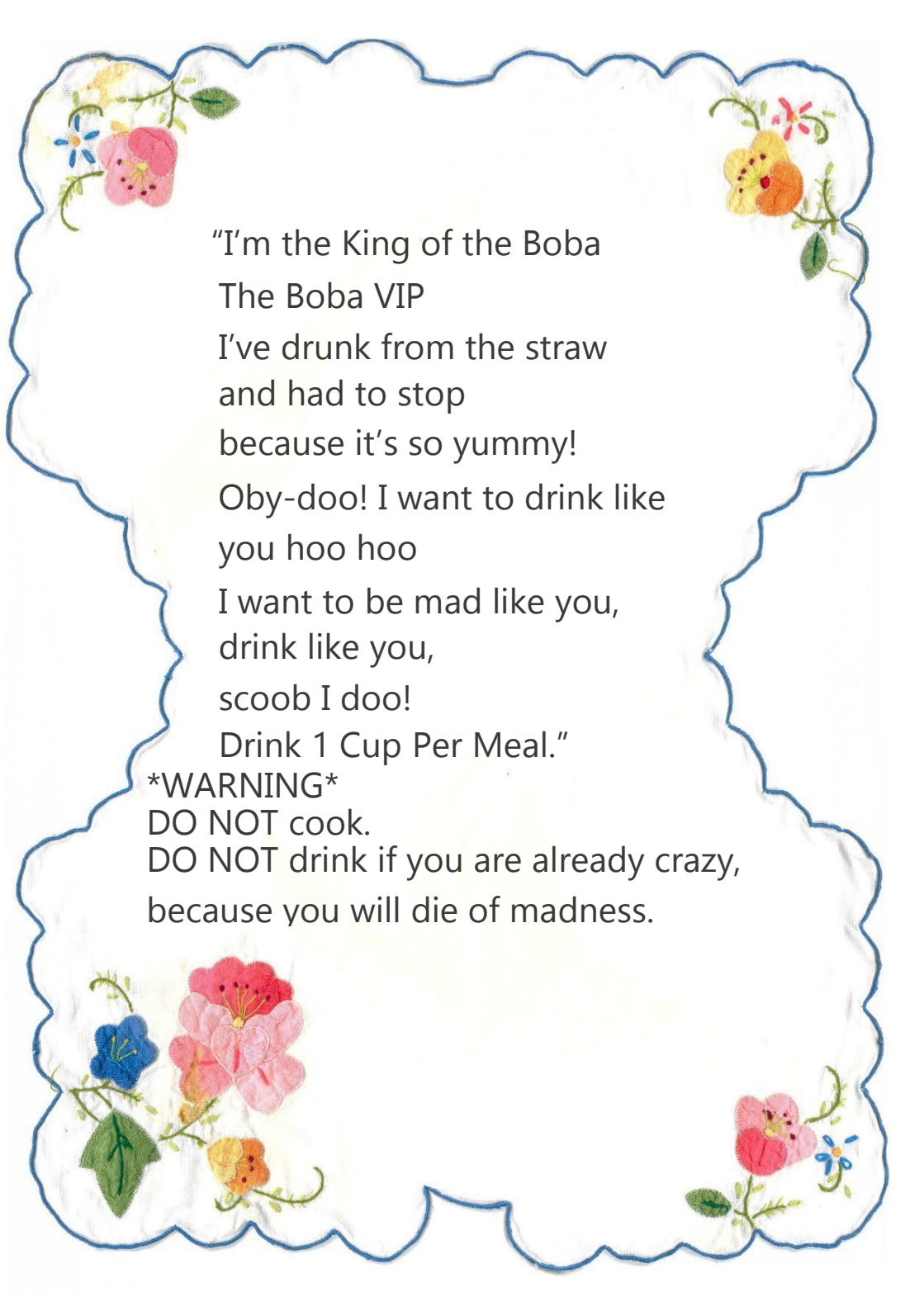
## **Brilliant Brotastic Boba**

Chocolate Glory / Strawberry Sensation /  
Watermelon Wonder /  
Orange Orangutan Fruit  
Punch

Mascot – King Boba, The  
Bobabangutan

Effects – Energy, makes your  
tongue tingle, madness.

Jingle – (to the tune of 'I wanna  
be like you')

The page features a white background with a blue scalloped border. In each of the four corners, there are embroidered floral designs. The top-left corner has a pink flower, a blue flower, and a yellow flower. The top-right corner has a yellow flower, an orange flower, and a pink flower. The bottom-left corner has a blue flower, a pink flower, and a yellow flower. The bottom-right corner has a pink flower and a blue flower.

"I'm the King of the Boba  
The Boba VIP  
I've drunk from the straw  
and had to stop  
because it's so yummy!  
Oby-doo! I want to drink like  
you hoo hoo  
I want to be mad like you,  
drink like you,  
scoob I doo!  
Drink 1 Cup Per Meal."

\*WARNING\*

DO NOT cook.

DO NOT drink if you are already crazy,  
because you will die of madness.



## Recipe For Madness

1. Drink Brilliant Brotastic Boba, fruit-punch-style.
2. Join in monkey rirraff.
3. Whip up a 'madness frenzy' in the jungle gym.
4. Make non-activated slime. Spread on the ceiling (make sure your mum DOES NOT see it.)
5. Listen to King Boba's Theme Song on full volume.
6. Go Extreme.

Does not matter which order –JUST DO IT!



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## **The Boba & The Tapioca**

We sail the seas of Boba  
in search of the lost straw  
at the bottom of the Boba.  
I, the Pirate Parrot Gerald,  
fly over the coral reef  
scouting out the straw.  
For when we find the bottom,  
we will be sucked up  
to Wonderland! (Heaven)



## **The Banana & The Peel**

You protect me and keep me  
safe,  
we hang in a bunch, one of many  
lost in a crowd, but without  
each other, we wouldn't survive.

Once we are picked and peeled  
we won't be a 'we' anymore.

But I will fuel bodies  
and you will fuel the earth.



## Recipe for Calm

1. Simmer to sleep and unwind.
2. Segment peace and quiet from outside.
3. Leave to cool in running water.
4. Stay still for 2 weeks.
5. Peel into a green forest with a roll top bath.
6. Fold into silk-velvet.
7. Repeat Steps 1-6 until calm.

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## Coffee

Coffee is loved by all,  
or maybe not...

For me, it is delicious.

Fresh ground coffee beans  
erupting with flavour and warmth,  
every sip as yummy as the last.





## Broccoli

Bunch of mini trees

Really good in pasta dishes

Obviously super yummy

Can be used in many recipes

Can be made into a dinner  
landscape

Or can be eaten like an adult  
(boring!)

Looks cool when it turns the water  
green when you cook it

I love broccoli

(mash volcano, gravy lava, broccoli trees, turkey  
dinosaurs)



## The Spoon & The Soup

I am the spoon,  
just the spoon,  
rounded and smooth  
but lonely on the table.  
I sit in my place and wait  
for our meeting.

I anticipate when the giant alien  
picks me up and reunites  
me with the mighty soup.

I live for this meeting.

I crave this purpose,  
I exist to raise the soup  
above the churning bowl,  
ensuring no drop is left behind.

I am not wasteful,  
I am not proud.  
I am just the spoon.

This publication was created using the poetry made through Space to Create participants from the 27<sup>th</sup> July 2024, Bursledon House young people and nursing staff, and JHG Summer School participants.

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