

Space to Create!

Developed by artist Melanie Rose

Egg Tempera Using Natural Pigments

This information sheet will explain how to make egg tempera and suggest natural pigments you can find in your kitchen and garden.

What you will need

- Eggs
- Pigments could include earth, charcoal/ash from a barbeque, chalk, kitchen spices,
 herbs i.e. basil, coffee, tea, beetroot, rose petals, powder-paints, clay, blackberries
- Dish x 2
- Palette Knife or glue spreader
- Palette or white plate or dish
- Paint brush
- Water and water pot
- Honey (Gum Arabic)



Step by Step Instructions

- 1. Separate the egg yolk from the egg white making sure you remove the egg sack
- 2. Place the egg yolk in a small bowl and add the same amount of water to egg yolk, mix thoroughly (add a couple of drops of honey, optional)
- 3. Using a spoon or palette knife place some of your pigment onto a palette/plate
- 4. Mix in a little of the egg, water and honey solution to make a paste with the pigment.
- 5. Dilute the pigment paste to the consistency that you want to paint with
- 6. Enjoy your painting!